

## Personal Care

**By completing this course, you will be able to:**

- Learn how to deliver personal care using a dignified approach.
- Complete a practical session around delivering personal care and dressing.
- Learn about pressure area care, how to recognise the stages and how to reduce the risks of them developing.
- Discuss the company policy and procedures around pressure care.

*(We are working in partnership with the Grimsby Institute to support existing staff with development; they offer a wide range of short courses along with Diplomas in Health & Social care.)*

***Certificate awarded upon completion of induction. T&C's Apply.***