

## Work in a person-centred way

**By completing this course, you will be able to:**

- Describe how to put person-centred values into practice in their day-to-day work.
- Describe why it is important to work in a way that promotes person centred values when providing support to individuals.
- Identify ways to promote dignity in their day-to-day work.
- Describe the importance of finding out the history, preferences, wishes and needs of the individual.
- Explain why the changing needs of an individual must be reflected in their care and/or support plan.
- Explain the importance of supporting individuals to plan for their future wellbeing and fulfilment, including end-of-life care.
- Take appropriate steps to removed or minimise the environment factors causing the discomfort or distress.
- Report any concerns they have to the relevant person.
- Raise any concerns directly with the individual concerned.
- Raise any concerns with their supervisor/manager.
- Raise any concerns via other channels or systems e.g. at team meetings.
- Ensure that where individuals have restricted movement or mobility that they are comfortable Recognise the signs that an individual is in pain or discomfort.
- Take appropriate action where there is pain or discomfort.
- Ensure equipment or medical devices are working properly or in the correct position e.g. wheelchairs, prosthetics, and catheter tubes.
- Remove or minimise any environmental factors causing pain or discomfort.

*(We are working in partnership with the Grimsby Institute to support existing staff with development; they offer a wide range of short courses along with Diplomas in Health & Social care.)*

***Certificate awarded upon completion of induction. T&C's Apply.***